

# 1 in 8 MEN

will be diagnosed with

# PROSTATE CANCER

at some point in their lives

This risk increases to

**1 in 4** for Afro-  
Caribbean men

Men with a  
family history  
of PROSTATE  
CANCER are  
twice as likely  
to develop the  
condition

Knowing the signs to spot  
and talking to your GP will  
make a real difference

## Don't be afraid to talk to your GP about:

- Spotting blood in urine or semen
- Painful ejaculation
- Difficulty in having an erection
- Frequent urination

